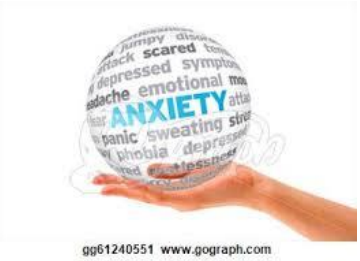

PARENTING IN THE 21ST CENTURY –
NOT THE WAY MOM AND DAD DID IT

UNDERSTANDING ANXIETY IN YOUR KIDS

When:

- **April 21st, 2016**
- **Refreshments at 6:00pm**
- **Presentation from 6:30-8:30pm**

Where:

- **3000 Guildford Way, Coquitlam City Hall**
- **Free parking is available**

Speakers:

- **Ocean Van Samang - Clinical Coordinator, The START Team**
- **Gillian Schoenefuhs - parent with lived experience**
- **Dr. Lili Nasseri, MD - physician lead for CYMH in the Tricities**

~ A MUST ATTEND FOR ALL PARENTS

This event is FREE but space is limited, so register early!

Register at: http://cymhsuanxiety.eventbrite.ca

This FREE speaker series is put on by the Tricities Child and Youth Mental Health Substance Use Collaborative (CYMHSU)– a partnership created by Fraser Northwest Division of Family Practice (nonprofit) and Doctors of BC.